

WHAT'S SIMILAR IN COACHING TO CHRISTMAS?



*At Christmas we give **Presents** to our loved ones*

*In Coaching we give **Presence** to our clients*

*At Christmas we send messages to **connect with others***

*In Coaching we get messages to **connect with our self***

*At Christmas we celebrate the **oneness of all** – in Coaching we celebrate the **wholeness of one***

*At Christmas we often reflect on **past memories** – in Coaching we often reflect on **future opportunities***

*At Christmas we give the **Gift of Love** – in Coaching we Love the **Gift of Giving***

Wishing you all a healthy & happy Christmas and a deeply rewarding 2016

*Written by the **Executive Coaching Professionals' team***